

# CITIZEN LEADERS FELLOWSHIP FINAL PRESENTATION

Friday, April 25, 2025
Contemplative Commons, Studio 1B









































**Top Row:** Mehran Akrami, Isaac Boateng, Trey Cho, David Dong; **Second Row:** Miracle Enwere, Carrie Feng, Aarnav Jalan, Katherine Jennings; **Third Row:** Dean Kampschror, Mackenzie Keeley, Linh Le, Marlee Morgan; **Fourth Row:** Anshita Singh, Saket Updahyay, Catherine Williams, Samuel Xiong; **Fifth Row:** JJ Yumul

The Citizen Leader Fellows are comprised of students from the international, student athlete, and transfer student communities. Students spend their fellowship year learning contemplative techniques and ethnographic methods to identify a pressing challenge to the well-being or flourishing of their peers and larger communities. Today's presentations highlight the programs they designed and implemented to address those challenges.









# **PROGRAM**

# **Welcome to the Building**

Kelly Crace, Ph.D. - Executive Director, Contemplative Sciences Center

# **Opening Remarks**

Nicole Hall, Ph.D. - Senior Associate Vice President & Dean of Students

# **Introduction to the Program**

Caren Freeman, Ph.D. - International Student & Scholar Advisor, CLF Co-Instructor

# STUDENT PRESENTATIONS

#### DAVID DONG

**International Student** - Creating Connections Through the Love of Food

#### **CARRIE FENG**

International Student - Raising Awareness about Mental Health for International Students

#### **SAKET UPADHYAY**

International Student - Clarifying Cybersecurity for International Students

## **MARLEE MORGAN**

**Student Athlete** - Transforming First-Generation Student Athlete Experiences

## **ISAAC BOATENG**

International Student - Creating Career Networks for International Students & Alumni

#### **CATHERINE WILLIAMS**

**Student Athlete** - Supporting Student Athlete Mental Health Through the Love of Literature

#### MIRACLE ENWERE

International Student - Diversifying UVA's Food Pantry

#### LINH LE

International Student - Channeling Compassion Through Journaling

#### **ANSHITA SINGH**

International Student - Sharing Experiences Through Podcasting

#### MEHRAN AKRAMI

International Student - Curating Community for International Students Through Images

#### **KATHERINE JENNINGS**

**Student Athlete** - Redistributing Excess Athletics Gear to Children in the Charlottesville Community

#### **AARNAV JALAN**

International Student - Helping International Students Flourish Beyond Academics

#### **HAOYANG YU**

**Research Intern** - Investigating the Legacy of CLF Initiatives

#### **DEAN KAMPSCHROR**

Student Athlete - Inspiring Local High School Student Athletes

#### **SAMUEL XIONG**

International Student - Demystifying Friend-Making for International Students

## JJ YUMUL

**Transfer Student** - Exploring the Meaning of Wahoowa

# **Closing Remarks**

Ellen I. Graves, M.Ed. - Student Program Manager, CLF Co-Instructor

# **RECEPTION TO FOLLOW**

## **Fellows Sharing Their Work in Alternative Formats**

**TREY CHO** (Transfer Student) Supporting Social and Career Harmony for Transfer Students **MACKENZIE KEELEY** (Transfer Student) Understanding Transfer Student Housing Experiences