STUDENT FLOURISHING

Meet UVA Undergrads Making a Difference

Last week we launched a new social media series called CSC Conversations with Student Leaders to highlight inspiring undergraduates who are helping others flourish on and off Grounds. First up was our spotlight on Haley Davie, a third year in the Batten School of Leadership and Public Policy with a double major in Global Security and Justice. Davie is Chair of Advocacy for the National Alliance for Mental Illness at UVA (NAMI), a student group focused on mental health education and support for fellow students. SEE THE POST.

TEACHING AND LEARNING

Contemplative Reading

What does it mean for students to read with curiosity, humility, and close attention? How does a contemplative approach to reading complement critical thinking and analysis? Our Associate Director of Pedagogy and Faculty Engagement, Karolyn Kinane, explores and offers her experience with these topics in her new article “Contemplative Reading: Generosity, Meaning-making, Intolerance,” which appears in the most recent issue of the Journal of Contemplative Inquiry. READ.
CONFERENCE OPPORTUNITY

Contemplative Practices for Higher Education
The Contemplative Sciences Center is a sponsor of the 2022 Contemplative Practices for Higher Education Conference being held March 3–5 at Mount Saint Mary’s University in Emmitsburg, Maryland. Keynote speakers include Arawana Hayashi and David Loy. Additional opportunities include pre-conference workshops and a half-day retreat with facilitator Ramaswami Mahalingam. Registration is required.
LEARN MORE.

CALENDAR

February 25: Spring Yoga Book Club
9:00-9:50am (ET). Learn more & register

February 28: Virtual Meditation on the Lawn
led by John Bultman
7:45-8:00am (ET). Learn more & register

March 3-5: Contemplative Practices for Higher Education Conference, Mount Saint Mary’s University, Emmitsburg, Maryland
Learn more & register

March 7: Virtual Meditation on the Lawn
led by Nicole Ruzek
7:45-8:00am (ET). Learn more & register