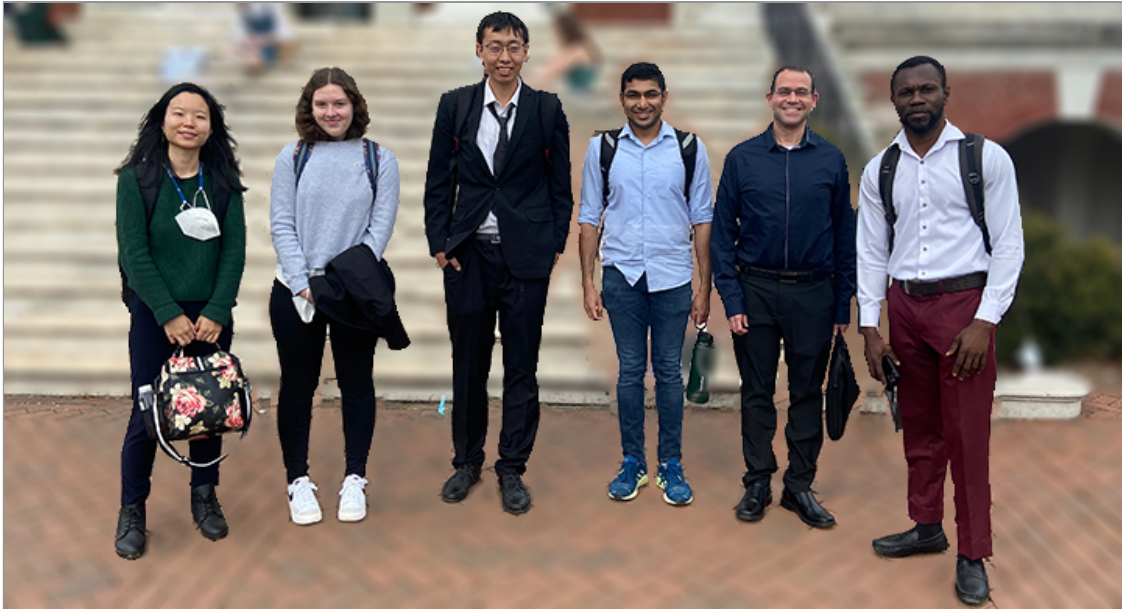




CONTEMPLATIVE SCIENCES CENTER

UNIVERSITY *of* VIRGINIA



NEW FELLOWSHIP SUPPORTS INTERNATIONAL STUDENT FLOURISHING

Emphasizes Leadership and Community-Building

In 2021 the International Studies Office and the Contemplative Sciences Center (CSC) launched a new program to give increased support to UVA's international students called the International Student Citizen Leaders Fellowship. This spring they selected eight students from seven countries forming the first cohort of its kind at the University.

According to the program's co-creator, Caren Freeman, international students report feeling isolated from both the larger UVA community and in everyday encounters with fellow students due to a combination of factors.

"There are the challenges of studying and socializing in a non-native language, the discomfiture of American categories of race and nationality, and the difficulty of parsing the tidal wave of information related to student programming," she says. "One of the most common and agonizing things we hear," says Freeman "involves the struggle to make friends and the generalized feeling of not fully belonging at UVA."

[READ FULL STORY.](#)

SUPPORT CSC PROGRAMMING

Gifts to our Annual Fund support programs like Virtual Meditation on the Lawn. Thank you for your support!

DONATE \$25

DONATE \$50

DONATE \$100



JOIN US ON EARTH DAY!

Contemplative Practice at McCormick Observatory

Join CSC and the Astronomy Department for "Stillness in Motion," a special Earth Day exploration into the cosmos! On April 22, 2022 from 9:00-10:00pm John Bultman will lead a brief contemplative practice followed by a look through the historic 26-inch McCormick Refractor telescope alongside astronomy professor Ed Murphy.

[**LEARN MORE.**](#)



TALK: BEN WILLIAMS

April 14, 2022 - Historicizing Contemplative Pedagogy

This in-person talk takes a cultural-historical look at Naropa University as a site for contemplative pedagogy, noting various streams of practice and defining creative tensions. It is being held in Nau Hall Room 342, from 4:00-5:30pm ET.

[**LEARN MORE.**](#)

CALENDAR

April 7: Psychedelics & the Contemplative Path: David Germano - "Dzokchen & Self-Emergent Experiences"

8:00-9:30pm (ET). [Learn more & register](#) (*student discount available*)

April 11: Virtual Meditation on the Lawn led by John Schorling

7:45-8:00am (ET). [Learn more & register](#)

April 14: Talk - Ben Williams: Historicizing Contemplative Pedagogy

4:00-5:30pm (ET). Nau Hall Rm 342. [Learn more](#)

April 18: Virtual Meditation on the Lawn led by Devin Donovan

7:45-8:00am (ET). [Learn more & register](#)

April 22: Stillness in Motion

9:00-10:00pm (ET). McCormick Observatory. [Learn more & register](#)



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