



CONTEMPLATIVE SCIENCES CENTER UNIVERSITY *of* VIRGINIA



Summer/Fall 2021 Highlights Reel

New Programs, New Partnerships, & More

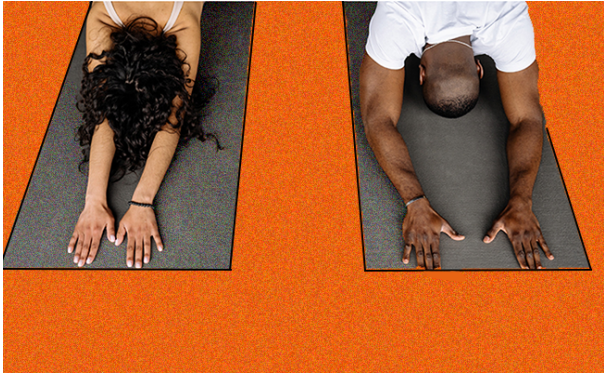
This week we offer in-depth stories and news about our recent work and developments. Read on to discover unique ways our support for contemplative teaching, learning, and practice is impacting the personal and professional lives of UVA faculty in diverse disciplines; hear from the director and designer of our new Flourishing While Black program about her aspirations for these “consciously curated” classes and events; and learn about CSC’s exciting new partnership with the Stanford Flourishing Project and CU Boulder’s Renée Crown Wellness Institute.



SPOTLIGHT ON FACULTY ENGAGEMENT

SUPPORT FOR CONTEMPLATIVE TEACHING & LEARNING

In this four-article series, we offer powerful examples of the breadth, depth, and impact of CSC’s workshops, consultations, and other support for faculty across UVA schools and disciplines. Discover the unique ways faculty are incorporating contemplative approaches and practices to enrich their courses, learning environments, and students’ experiences.



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FLOURISHING WHILE BLACK

CONSCIOUSLY CURATED CLASSES

In this Q&A, our student intern Kimberly Vo speaks to Carrington Kernodle, the founder and director of a new CSC program designed to increase community involvement, accessibility to resources, and leadership development among UVA's Black students. Kernodle describes the purpose and meaning underlying her contemplative practice classes and events that have been “consciously curated” for this population.

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CONTEMPLATIVE LEADERSHIP PROGRAM TRI-UNIVERSITY PARTNERSHIP

CSC announces a new partnership with the **Stanford Flourishing Project** and **CU Boulder's Renée Crown Wellness Institute** to oversee and expand the Dalai Lama Fellows contemplative leadership and social innovation program. The three university centers will jointly deliver the global program as well as co-create and link new academic programs based on the DLF curriculum for undergraduates at each university.

[LEARN MORE](#)



BECOME A DALAI LAMA FELLOW!

APPLICATIONS DUE FEB 1

Dalai Lama Fellows seeks 20-25 young social change makers and innovators from around the world for its 2022 fellowship cohort. Fellows in this one-year contemplative leadership program engage with an online curriculum, attend a weeklong assembly, receive personal coaching, pursue individual *compassion-in-action* projects, and join a growing global community of LifeLong Fellows.

[LEARN MORE & APPLY](#)

[CALENDAR](#)

Today and ongoing: Contemplative Classes

Learn more & register

Friday: Yoga Book Club

9:00-10:00am (ET). Learn more & register

Monday and ongoing: Virtual Meditation on the Lawn

7:45-8:00am (ET). Learn more & register



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UNIVERSITY of VIRGINIA



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